

MY LIFE IS MY LEGACY BY MARSHA FLEMMINGS



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In any area of our lives the strategy below can absolutely catapult our results. As a professional, a mother, a wife, an entrepreneur or a woman in ministry creating an extremely detailed plan, that keeps you focused on specific outcomes can be life changing. Then ensuring that you are executing that plan & not holding yourself trapped in fear, doubt or any negative patterns, as well as growing through the process and taking others along with you. Who do you know would undertake building a home without a blueprint, or go on a significant journey they have never taken before without a map or GPS? More importantly what would their results be? We are building our legacy with our lives and it deserves the same level of intention.

PLAN



- Create clarity about exactly what you want your career or marriage or parenting or finances or organisation to look in the long term
- Break down your long term plan into segments that reflect the steps in between that will get you from where you are to where you desire to be and attach a timeline. The timeline is a guide so don't get discouraged if things fall a little behind. Stay focused but adaptable
- Identify what skills/mindset/training/approach will aid your success and make a plan to learn & implement
- Identify who are the key people that this goal either impacts or requires and how you need to engage those people to ensure your success
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EXECUTE

- This is about putting your plan to work
- Manage fear, anxiety, doubt and worry by committing to the plan
- Look for results and assess as you execute
- Ensure that the opportunities and needs you identified in the plan are utilised. So if you planned that you need a specific type of training, then get it! If you planned to volunteer for certain projects on the job or planned on a certain number of family or date nights then do it!
- Really engage the people you identified in your plan. Learn what approach works well in engaging them & apply that



GROW



- This has to do with ensuring that as you are executing you are paying attention to your results and applying what you are learning to either reproduce the good results or eliminate the bad results.
- The other major component is helping others grow and evolve. If that is on your job, who are you now equipping and training to achieve their dreams or to actualize their potential. Let's say it is in a personal relationship, how are you helping those persons grow and become better?
- As your impact grows in these areas of your lives, how you are valued also grows in relation to that and that leads to more of the outcomes you desire